

Goal-directed

Home education program for My Child 2025

Educational and personal goals

Short term (this year)
- To develop My Childs literacy and numeracy knowledge, skills and understanding. - To incorporate My Childs interests and learning styles into his education program in order to maximise his learning strengths. - To assist with the development of My Childs social skills and support him in joining a group or club. (eg Karate) - To help My Child understand and manage his emotions and behaviour.
Long term (future years)
- To facilitate My Childs ability to learn more independently. - To provide a learning environment where My Child is able to begin to use strategies for managing his anxiety with support and understanding. - For My Child to be a happy, child that can communicate easily with other and be able to control his emotional meltdowns.

Overview of my child (the learner)

My child's learning background and individual needs
My Child was diagnosed ASD, ADHD when only 4 years old. He has had a challenging time in his education life with numerous special schools and special ed classes which accommodated his needs. He has huge meltdowns due to his sensitivities which has resulted in a difficult time in mainstream school and he has not attended many days at all. He can read and do maths to approx. a year 2 level according to his reports from school. I hope to learn more about his specific areas requiring support as we learn together. My Child is a sweet boy with a heart of gold but can be very demanding, irrational and gets frustrated easily. He enjoys playing Fortnite with his friends on the PlayStation and playing board and card games. He really enjoys art and craft work with cutting and gluing and creating.
My child's learning style/s
My Child is primarily a hands on learner. He needs to touch, feel and do to remember and learn. He is very sensitive to textures and materials and also learns best through his senses. He doesn't mind learning with others but learns best when there is no distraction and when its one on one with me. He also learns through watching you tube and documentaries. My Child is most enthused and engaged when an activity involves him creating with his hands. He learns more easily when he is allowed to enjoy the learning process, at his own pace.

Teaching strategies to support my child's individual needs and learning style/s

I think My Child would enjoy more creative Journaling and we will be documenting our learning from nature walks and excursions via Nature Journaling as well as creating posters and dioramas of what we might find in our adventures. We will use YouTube and watch suitable documentaries to expand his understanding and do hands on real life learning to cement his concepts (eg money and measurements)

I am intending to do more project-based work round Art, Nature and Animal Studies. We will incorporate Lap Booking as a way he can combine his artistic flair with creating some masterpieces. I will incorporate all manner of tools to assist with his hands-on learning.

To support My Child in his needs and learning styles I will provide one-on-one guidance when he needs it. I will provide feedback as he pursues his interests and learning. I will collaborate with My Child on ways we can meet his passions and interests, in an age-appropriate and educational manner. He really enjoys playing Monopoly, UNO scrabble etc and I want to expand our board and card games to include many different learning areas.

I will offer resources, access relevant materials and encourage My Child likes to partake in activities that relate to his interests in order to meet his educational needs and curiosity. He likes having choices and learning about topics that interest him. I will be a facilitator for My Child, finding resources for topics he is interested in learning about and helping to teach him how to locate the answers to the questions he asks.

Description of home learning environment

Physical environment e.g. private/shared study spaces, light, ventilation, display areas, storage, IT access, indoor/outdoor facilities

We live in a single story 4 bedroom house that is carpeted and has air conditioning. My Child shares a bedroom with his 2 brothers. The heart of the home is our kitchen and lounge room with easy area to sit and learn. We have large yards and gardens with a table outside to work in nice weather. We have a computer, printer and learning area with bookshelves for his learning resources and will be purchasing an iPad device soon. We have scooters and a trampoline and a basketball hoop for outside play.

Motivational environment e.g. indoor/outdoor activities; hands-on/ real-life experiences; daily routines/tasks; variation of routines/tasks; individual/group learning opportunities; interactive learning

My Child enjoys riding his scooter and the trampoline when outside and enjoys spending time with his brothers. He connects online with some of his school friends. I encourage him to help and assist around the home and when out shopping to learn more about life and everyday tasks.

Social opportunities

Peer and other interactions e.g. friends, home education groups, sporting clubs/associations, religious activities, classes, travel/excursions

My Child has a small group of friends from school that we will keep in contact with. He enjoys spending time with his 2 brothers and has 2 older sisters in their late teens. We want to encourage him to join Karate and to also attend the local homeschool groups meetups to connect and make more friends.

Program overview

Goal title	Key goal	Time allocation
Maths	To develop numeracy skills including addition, subtraction, measurement, shapes, time, date, and money.	Ongoing
English	To develop his reading, writing and comprehension. Use proper sentence structure, spelling and simple punctuation. To continue to offer reading support so he becomes a confident and fluent reader	Ongoing
Reptiles/animals	Investigate the possibility of keeping a reptile as a pet. Learn about the many choices, the rules and how to look after his most desired reptile.	10 weeks
The World Around Me	Learn more about science, local history and local geographic places of interest that is relevant to his world.	10 weeks – ongoing
Social skills and self awareness	To use appropriate expression and language when communicating with family, friends and wider community. To become a confident and independent child.	Ongoing
Health and physical education	To maintain healthy eating and provide variety of activities to enhance gross and fine motor skills. To continue to develop healthy habits and take up a sport interest.	ongoing

Teaching, learning, resources, monitoring and recording

Elaborate in detail on the key goals listed in your program overview. Detail the plans you have for facilitating the achievement of these.

Key goal 1 Maths		Time allocation <i>e.g. 10 weeks</i>
To develop numeracy skills including addition, subtraction, measurement, shapes, time, date, and money.		ongoing
Sub-goals / steps <i>What are the steps/sub-goals required to achieve the key goal?</i>	Learning <i>What topics/content/learning areas am I planning to incorporate?</i> <i>What knowledge, thinking skills or practical skills will be developed?</i> <i>What learning experiences/activities will my child have?</i>	Resources <i>What resources will my child and I use?</i> <i>Include a variety of specific titles, levels and websites.</i>
To identify his actual ability in maths. To strengthen his addition skills – mental maths skills. To use hands on maths counters and strategies to develop his subtraction skills. To give him more self confidence with numbers using hands on projects and cooking to build measurement skills. To introduce time and analogue clocks To learn more about money and change.	- I will ensure he has concrete mathematical concepts through cooking activities to help cement concepts of measurements, weights and fractions. - We will utilise games, apps and websites eg khan academy, Prodigy to progress through the maths concepts and understanding. - Continue with supporting his art projects to apply hands on measurements and angles. - We will introduce money handling through shopping. - Cut out and make our own analogue clock to pay and learn with - Play shopping to practice money - Make shapes in play dough and cut out 3D shapes - Measuring through hands on science fun eg slime making - Play board and card games to help learn and understand numbers and money and sums. - Continue with Lego play and challenge him through Lego Challenges eg https://thatbricklife.com/lego-challenge-30-days-of-play-calendar/	- Khan Academy - Prodigy game - ABC Splash – picture graphs - Scales and measuring cups, calculator, rulers, - Maths counters. - Board Games eg Monopoly and card games eg Sleeping Queens, UNO, - apps eg Dragon Box, - Maths is Fun http://www.mathsisfun.com/index.htm, - Cool Math - http://www.coolmath.com/
Teaching <i>What strategies am I planning to incorporate to support my child's learning?</i>		Associated experiences <i>What social/other experiences (e.g. excursions, community interactions) will my child have?</i>
- Begin with familiar and gradually introduce new concepts including modelling and videos - Practical/hands-on tasks and integration in daily life e.g. shopping, cooking, budgeting, - special interests, nature walks - Playing board and card games.		Outings for shopping Saving for Fortnite add-ons
Monitoring and recording <i>How will I monitor and record my child's progress towards the key goal/sub-goals? What work samples will be collected? (e.g. tasks, questions and answers, digital or oral presentations, observation checklists)</i>		
Work will be dated and kept, photos of practical math use in our home and shopping. I will note real life investigations through keeping records via a Journal and checklists. I will make diary entry notes based on my observational notes.		

Key goal 2 <i>English</i>		Time allocation <i>e.g. 10 weeks</i>
To develop his reading, writing and comprehension. Use proper sentence structure, spelling and simple punctuation. To continue to offer reading support so he becomes a confident and fluent reader		ongoing
Sub-goals / steps <i>What are the steps/sub-goals required to achieve the key goal?</i>	Learning <i>What topics/content/learning areas am I planning to incorporate?</i> <i>What knowledge, thinking skills or practical skills will be developed?</i> <i>What learning experiences/activities will my child have?</i>	Resources <i>What resources will my child and I use?</i> <i>Include a variety of specific titles, levels and websites.</i>
He needs to work on improving his spelling and his writing skills. We will continue with his Literacy and grammatical skills. Provide what he might like to read – eg comics, magazines on Fortnite	• We will continue to advance his fluency and increase complexity of words with a variety of text types, as well as increase our use of Audio books and podcasts on topics of his interests eg Lego, Fortnite, space • Examine different texts to read aloud with increasing complexity to challenge his auditory and linguistic ability. • Practice writing regularly using activities and journal writing. • Have spelling challenges using games, puzzles and word finds on new words. • Use apps such to further help him learn and practice his literacy skills. • He will continue to learn his sight words to help his reading. • Document and record his observations of various animals and plants we observe in our beach and Nature walks in a Nature Journal. • Practice reading through games and life. • Provide a variety of writing tools to encourage his fine motor practice including more cutting and pasting and painting. • Continue literacy skills through projects such Lego, slime making,	Audio Books and podcasts Nature Journal – naturestudyAustralia.com, Reading Eggs, Literacy Planet, Puzzle Books, word searches, Library for more short novels and nonfiction Magazines books on interests Scrabble
Teaching <i>What strategies am I planning to incorporate to support my child's learning?</i>		Associated experiences <i>What social/other experiences (e.g. excursions, community interactions) will my child have?</i>
• Introduce Lap Booking and let him explore presenting information in a variety of more creative ways. • Utilise audio books and podcasts and discuss those after car rides or listening. • Document and record his observations of various animals and plants we observe in our beach and Nature walks in a Nature Journal. • Use games online and apps and board games to practice Literacy skills		Extend language skills through online peer group chats.
Monitoring and recording <i>How will I monitor and record my child's progress towards the key goal/sub-goals? What work samples will be collected? (e.g. tasks, questions and answers, digital or oral presentations, observation checklists)</i>		
I will keep and date all work completed. I will note real life investigations through keeping records via a Journal and checklists. I will make diary entry notes based on my observational notes. We will also record learning via: Anecdotal records, Audio and visual recordings. Take photos and record his reading novels to track progress.		

Page 5

Key goal 3 Animals/Reptiles		Time allocation e.g. 10 weeks
Investigate the possibility of keeping a reptile as a pet. Learn about the many choices, the rules and how to look after the most desired reptile.		10 weeks
Sub-goals/steps <i>What are the steps/sub-goals required to achieve the key goal?</i>	Learning <i>What topics/content/learning areas am I planning to incorporate?</i> <i>What knowledge, thinking skills or practical skills will be developed?</i> <i>What learning experiences/activities will my child have?</i>	Resources <i>What resources will my child and I use? Include a variety of specific titles, levels and websites.</i>
My Child has shown interest in keeping a Reptile, so we will utilise this interest to delve into all aspects through supporting him to research and learn what animal will be suitable and what they need to survive.	• Use various resources to investigate Australian reptiles • Identify a reptile he would like to own as a pet. • Compile a list of items needed to own his desired reptile and their cost . • What environments do reptiles like and what is their lifecycle • what do they need to be healthy and happy? • How do pets help us? • RSPCA - https://www.rspcaqlld.org.au/news-and-events/news/reptiles-need-a-home • License https://www.qld.gov.au/environment/plants-animals/wildlife-permits/requirements/recreational-licence • Design reptile cage. • Melbourne Museum - • Wander through the halls of the Melbourne Museum https://artsandculture.google.com/streetview/museum-victoria-melbourne-museum/mAFvntJYV6-Mmw	Nonfiction books on Australian reptiles Australian Geographic – Documentaries via Netflix or YouTube Ambulance – Snake bites Excursions – library, zoo, museum https://www.animalark.com.au/keeping-reptiles-as-pets https://australian.museum/learn/animals/reptiles/reptiles-as-pets/ Book: An Introduction To Keeping And Breeding Australian Reptiles Associated experiences <i>What social/other experiences (e.g. excursions, community interactions) will my child have?</i>
Teaching <i>What strategies am I planning to incorporate to support my child's learning?</i>		
Youtube channels to learn more Use picture books and interesting websites to engage his learning Visit a reptile park and or view on virtual tour various reptiles and animals. Create a creative display/poster/presentation of what he learns.		Virtual Tours Animal Cameras Monterey Bay Aquarium live cams Panda Cam at Zoo Atlanta 6 Animal Cams at Houston Zoo Georgia Aquarium has Jellyfish, Beluga Whales, and more
Monitoring and recording <i>How will I monitor and record my child's progress towards the key goal/sub-goals? What work samples will be collected? (e.g. tasks, questions and answers, digital or oral presentations, observation checklists)</i>		
Photos, Summary of findings, Presentation in a poster or PowerPoint'. Notes in my learning diary.		

Key goal 4 The World Around Me		Time allocation e.g. 10 weeks
Learn more about science, local history and local geographic places of interest that is relevant to his world.		ongoing
Sub-goals/steps <i>What are the steps/sub-goals required to achieve the key goal?</i>	Learning <i>What topics/content/learning areas am I planning to incorporate?</i> <i>What knowledge, thinking skills or practical skills will be developed?</i> <i>What learning experiences/activities will my child have?</i>	Resources <i>What resources will my child and I use? Include a variety of specific titles, levels and websites.</i>
My Child learns best when we make it relevant to his life. We will investigate his family history and help him learn more about his local historical landmarks. My Child really enjoys the beach and nature walks and we can expand this to more specific investigations about the coastline and geographic discoveries. He also is keen on learning more about earth and space. My Child does enjoy hand on science experiments and we will continue his investigations in to chemical science and extend more into other areas as his interest increases.	History - Investigate our family history - Create a family tree - Ask questions about what life was like in his grandparents days - Identify local historical landmarks and visit them - Learn about our local history - Investigate indigenous history of our local area Geography - Continue with beach walks and incorporate projects: - Mapping of local features and land in our area and Australian landscapes - map the coast line - learn about phases of moon and tides and - the earth and sun and the planets - build a replica of our solar system. Science: - Provide material to keep investigating chemical science with bath bombs, slime making etc. - Use scientific language and encourage him to make predications, test theories and investigate they way things work and discuss outcomes. - YouTube Space Time explores what is beyond, the outer reaches of space https://www.youtube.com/channel/UC7_gcs09iThXybpVgjHZ_7g - The Backyard Scientist loves to explore and experiment all things scientific! https://www.youtube.com/user/TheBackyardScientist - Minute Earth includes science and stories about our planet https://www.youtube.com/user/minutearth.	Our local information centre Grandparents Library national geographic, Australian geographic YouTube channels eg Dad Lab ABC Education http://education.abc.net.au/home#!/home Science Mystery - http://www.sciencemystery.com/ Playing History - http://playinghistory.org/ Online Classroom Australian History Series http://www.readyed.net/online-classroom/ State Library's Indigenous Languages Project https://www.slq.qld.gov.au/discover/aboriginal-and-torres-strait-islander-cultures-and-stories/languages/queensland/indigenous-languages-map Enrichment Programs http://www.nuragunyu.com.au/
Teaching <i>What strategies am I planning to incorporate to support my child's learning?</i>		Associated experiences <i>What social/other experiences (e.g. excursions, community interactions) will my child have?</i>
Hands on experiments Nature walks and hands on investigations Expand via you tube and magazines Create creative outputs of his understandings with dioramas, posters, lapbooks etc. Make it relevant to him. support/guide with developing his own curiosity through self- driven investigations and experiments		Science Centre Visit Qld Museum Pioneer Village Telescope Planetarium
Monitoring and recording		
Family tree, photos, solar system, experiments. Record and note his discussions and understanding in a learning diary. Posters and dioramas or lapbook of topics of interest. A poster or PowerPoint or oral presentation. Photographing and writing about the results of these activities mentioned above.		

Key goal 5 Social skills and self awareness		Time allocation e.g. 10 weeks
To use appropriate expression and language when communicating with family, friends and wider community. To become a confident and independent child.		ongoing
Sub-goals/steps <i>What are the steps/sub-goals required to achieve the key goal?</i>	Learning <i>What topics/content/learning areas am I planning to incorporate?</i> <i>What knowledge, thinking skills or practical skills will be developed?</i> <i>What learning experiences/activities will my child have?</i>	Resources <i>What resources will my child and I use? Include a variety of specific titles, levels and websites.</i>
To become aware of the impacts on his body when he is feeling anxious and uncertain and develop ways to manage those emotions. with. My Child has emotional dysregulation challenges and have sensory meltdowns which impact on his ability to participate and make friends and be happy in his life. Building his self esteem and identifying his strengths will assist with him keeping control.	- Put systems in place to help his daily mental and physical health. - Focus on improving his mental health. Identify some ways to create better habits - Ensure he understands need for daily hygiene and looking after himself - Seek out support and health professionals to improve his mental health to help support him in his learning - To learn more about his own emotions, personality, and individuality in the world. - Identify ways to help him be calm in stressful situations - Investigate the use of meditation, yoga, other health alternatives to help calm his brain. - Sensory based resources and tools to help calm and guide him. - Feedback apps to help assist with soothing and calming. - Help teach more independence around the home with looing after himself to build self confidence. - Design a poster/brochure/presentation on what he learns about himself.	- Healthy Habits website and Cooking simulation game Everyday Life http://www.gcfllearnfree.org/everydaylife 30 interactives offer information on banking, cooking, reading labels and receipts, understanding maps, shopping, telling the time and other practical life skills. Social Thinking https://www.socialthinking.com/ While strategies can be used for a range of diagnostic labels (e.g. ASD, ADHD), aims to teach all individuals.:
Teaching <i>What strategies am I planning to incorporate to support my child's learning?</i>		Associated experiences <i>What social/other experiences (e.g. excursions, community interactions) will my child have?</i>
Create some hands on visual reminders of ways to react. Put some guidelines in place for him to understand whats acceptable. Use engaging YouTube and websites to teach emotional responses. Empower him to feel better by building independence		Increase sensory events to gauge impact and remind to use tools and options.
Monitoring and recording <i>How will I monitor and record my child's progress towards the key goal/sub-goals? What work samples will be collected? (e.g. tasks, questions and answers, digital or oral presentations, observation checklists)</i>		
Photographing and writing about the results of these activities. Keeping records or copies of written work. Keeping a Learning Diary on things I note and observe with our discussions.		

Key goal 6 Health and physical education		Time allocation <i>e.g. 10 weeks</i>
To maintain healthy eating and provide variety of activities to enhance gross and fine motor skills. To continue to develop healthy habits and take up a sport interest.		ongoing
Sub-goals/steps <i>What are the steps/sub-goals required to achieve the key goal?</i>	Learning <i>What topics/content/learning areas am I planning to incorporate?</i> <i>What knowledge, thinking skills or practical skills will be developed?</i> <i>What learning experiences/activities will my child have?</i>	Resources <i>What resources will my child and I use?</i> <i>Include a variety of specific titles, levels and websites.</i>
- Continue to be active and healthy in pursuit of physical activities. - To learn more about nutritious meals. - To learn more about himself. - To join a physical sport/club.	- We will continue to develop his understanding of correct diet/nutrition and how this helps his body to stay strong, healthy and to fight illness and disease. - Continue to establish the importance of regular physical activity and exercise to keep active minds and healthy bodies. - Continue with Swimming - Encourage to join a Karate class - Regular Bike/scooter riding - Walking/hiking	- Visit parks, dams, national parks. - Healthy eating websites and YouTube - Sport and recreation websites - Nutrition/healthy eating https://heas.health.vic.gov.au/early-childhood-services - Healthy Eating Recommended by a Dietician. https://phenomenom.com.au/lesson-plans/
Teaching <i>What strategies am I planning to incorporate to support my child's learning?</i>		Associated experiences <i>What social/other experiences (e.g. excursions, community interactions) will my child have?</i>
- Discussions on healthy eating will extend to shopping trips where we already discuss the benefits of selecting healthy foods. - There are also several parks, dams, national parks and other such areas that we would like to spend more time exploring		Independent cooking, cooking classes Once Karate then maybe try others.
Monitoring and recording <i>How will I monitor and record my child's progress towards the key goal/sub-goals? What work samples will be collected? (e.g. tasks, questions and answers, digital or oral presentations, observation checklists)</i>		
Photographing and writing about the results of these activities. Keeping records or copies of written work. Keeping a Learning Diary on things I note and observe with our discussions.		